

Sharon Silverberg, PhD, LPC, LMFT, RPT-S, CSOTP, ACS

Associate Professor
Regent University

EDUCATION

2010 PhD, Counseling, Old Dominion University, Norfolk, VA
2003 MA, Community Psychology, University of New Haven, West Haven, CT
1998 BS, Psychology, Old Dominion University, Norfolk, VA
1998 BS, Biology, Old Dominion University, Norfolk, VA

TEACHING EXPERIENCE

Regent University

Associate Professor, Marriage Couples and Family Counseling Coordinator (2026- present)

Old Dominion University

Adjunct Assistant Professor Counseling and Human Services *(2011-Present)*

Grand Canyon University

Assistant Professor Clinical Mental Health Counseling *(2025- 2026)*

Yorkville University

Faculty Lead Master of Arts in Counseling Psychology *(2019- 2024)*

Capella University

Faculty Mental Health Counseling School of Counseling and Human Services (2011-2019)

University of Phoenix

Part Time Faculty (Ground Campus and Online) (2009-2014)

CLINICAL EXPERIENCE

Private Practice Therapist *(January 2009-Present)*

GCL Psychological Services Clinical Program Director *(2022- 2024)*

Talkspace National Practice Provider and Team Lead *(2021- 2022)*

Department of Defense Military Family Life Consultant (MFLC Program) *(2010-2016)*

Crisis Assessment Clinician at Virginia Beach Psychiatric Center *(2005 - 2012)*

Chesapeake Community Services Board Clinician II (2005-2009)

PROFESSIONAL LICENSURE/CERTIFICATION

Licensed Professional Counselor- Virginia
Licensed Marriage and Family Therapist- Virginia
Registered Play Therapist Supervisor
AAMFT Approved Supervisor
Certified Sex Offender Treatment Provider
Approved Clinical Supervisor- NBCC
National Certified Counselor- NBCC
EMDR Trained

PUBLICATIONS

Books/Booklets/Book Chapters

Kascsak, T and **Silverberg, S.** (2020, October). A Trauma-Informed Approach to Supervision Using Play Therapy and Experiential Techniques. In L.J. Fazio-Griffith and R. Marino (Eds), *Techniques and Interventions for Play Therapy and Clinical Supervision* (1st ed., pp.69-83). Hershey, PA: IGI Global.

Silverberg, S. (2016, October). *Encyclopedia of Marriage and Family Therapy*. Professional Associations Entry; Sage Publishing, CA

Silverberg, S. (2016, October). *Encyclopedia of Marriage and Family Therapy*. Training in Marriage Enrichment (TIME) entry; Sage Publishing, CA

PRESENTATIONS

International Presentations

Hartig, N. and **Silverberg, S.** (2016, April). *Brief yoga clinical interventions for pediatric populations experiencing anxiety*. American Counseling Association Annual Conference and Exposition, Montreal, Canada.

Silverberg, S. (2015, October). *Play Therapy (Pre-Conference Learning Institute)*. European Branch of American Counseling Association Annual Conference, Naples, Italy.

Silverberg, S. (2010, October). *Counseling and Yoga*. Institute for Complementary, Alternative, & Integrative Therapies, Old Dominion University, Tuscany, Italy.

National Presentations

Silverberg, S. (2018, October, Accepted). *Leveraging Pop Culture in Clinical Supervision to Enhance Clinical Cognitive Development*. Southern Association for Counselor Education and Supervision Conference, Myrtle Beach, SC.

Lange, A., Eubanks, R. and **Silverberg, S.** (2013, October). *Technological Endurance in Distance Education: It's a Tough Race!* Association for Counselor Education and Supervision Conference and Exposition, Denver, CO.

Silverberg, S. (2012, March). *Inpatient Group Psychotherapy: Predicting Attendance and Participation*. American Counseling Association Conference and Exposition, San Francisco, CA.

Silverberg, S. (2011, March). *Assessing signs of trauma while conducting mental status exams*. American Counseling Association Conference and Exposition, New Orleans, LA.

Silverberg, S. (2010, October). *Any time, any place, every client: Critical elements of the mental status assessment*. Southern Association for Counselor Education and Supervision Conference, Williamsburg, Virginia.

Silverberg, S., Currie, C., & Hall, S. (2010, February). *Assessing signs of trauma while conducting mental status exams*. Sixth Annual Traumatology Conference at Argosy University, Sarasota, Florida.

Silverberg, S. & Moore, K. (2009, September). *Any time, any place, every client: Critical elements of the mental status assessment*. Association for Assessment in Counseling and Education Conference, Norfolk, Virginia.

State and Regional Conferences

Silverberg, S. (2018, November). *How to use your senses when conducting mental status exams*. Virginia Counselors Association Annual Conference, Norfolk, Virginia.

Silverberg, S. & Hall, S. (2010, February). *Any time, any place, every client: Critical elements of the mental status assessment*. Virginia Association for Counselor Educators Graduate Student Conference, at William and Mary College, Williamsburg, Virginia.

PROFESSIONAL AFFILIATIONS AND DEVELOPMENT

American Counseling Association (ACA)

American Association of Marriage and Family Therapists (AAMFT)

Association for Counselor Education and Supervision (ACES)

Southern Association for Counselor Education and Supervision (SACES)

Virginia Counselors Association (VCA)

Virginia Association of Counselor Educators and Supervisors (VACES)

Virginia Association for Play Therapy (VAPT)

Association for Play Therapy (APT)

EDITORIAL EXPERIENCE

2010- 2011 *Editorial Board Member* for the Arizona Counseling Journal

2009- 2010 *Assistant to the Editor* for the Journal of College Counseling