

BETSY A. DEDRICK, PH.D., LPC, LMFT, NCC

Assistant Professor | Director of Research and Program Development

Department of Counseling Ministries | College of Health & Behavioral Sciences | Regent University
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EDUCATION

Ph.D., Counseling and Psychological Studies Regent University Marriage and Family Therapy emphasis GPA: 4.00/4.00 Doctoral Dissertation: <i>Steal My Heart: Unlocking Love Behind the Badge Program</i> Chair: Sherri Wyatt, Ph.D. Focus: law enforcement couples, occupational stress and trauma, marriage and family systems, and faith-integrated psychoeducation	2026
M.S., Marriage and Family Therapy; M.S., Community Mental Health John Brown University	2020
M.B.A., Business Administration University of Phoenix	2004
B.B.A., Business Administration University of Central Arkansas Concentration: Economics	1996

ACADEMIC APPOINTMENTS & LEADERSHIP

Assistant Professor Director of Research and Program Development <i>Department of Counseling Ministries, College of Health & Behavioral Sciences, Regent University Virginia Beach, Virginia</i> - Teach doctoral and master's courses in research methods, leadership, disaster and trauma, psychological first aid, and dissertation development. - Contribute to curriculum development and course development across the department. - Support faculty development through practical training, instructional resources, and collaborative academic initiatives. - Mentor and support doctoral students throughout dissertation development and program progression. - Supervise teaching assistants, graduate assistants, and field-experience students. - Provide research and program-development leadership in support of departmental priorities.	2026–Present
Graduate Teaching Assistant, Ph.D. in Counseling and Psychological Studies <i>Department of Counseling Ministries, Regent University Virginia Beach, Virginia</i> - Developed and revised doctoral course materials and supported faculty across teaching, research, grading, literature review, data analysis, and editing. - Built and managed Canvas course sites and served as a departmental resource for advanced Canvas functionality. - Mentored dissertation students and advised prospective, current, and active students on program requirements and progression.	2024–2026

RESEARCH INTERESTS

Marriage and family therapy; law enforcement and first-responder couples and families; occupational stress and trauma; PTSD and compassion fatigue; trauma-informed care; counselor education; faith integration in counseling and psychological science; and development of applied psychoeducational interventions.

TEACHING EXPERIENCE

Research Methods (Doctoral) Instruct doctoral students in research design, methodology, scholarly inquiry, and proposal development; evaluate research proposals and provide developmental feedback.
Introduction & Leadership (Doctoral), co-taught Orient doctoral students to program requirements; teach leadership theory, scholarly writing, APA style, and strategies for successful progression through the Ph.D.
Dissertation Courses (Doctoral), co-taught Guide students through dissertation processes, handbook requirements, committee formation, required forms, and progression through the dissertation sequence.
Disaster, Trauma, and Psychological First Aid (Master's and Doctoral)

Teach disaster-response frameworks, psychological first aid, acute and complex trauma, trauma-informed intervention, and application of crisis-response principles to clinical practice.

ACADEMIC SERVICE & FACULTY DEVELOPMENT

- Curriculum development, Department of Counseling Ministries, Regent University, 2026–Present.
- Course development, Department of Counseling Ministries, Regent University, 2026–Present.
- Faculty development, including co-leadership of the Grading Boot Camp professional-development workshop, 2026.
- Dissertation and student mentoring and support, Ph.D. in Counseling and Psychological Studies, 2024–Present.

PRESENTATIONS, WORKSHOPS & INVITED PROFESSIONAL DEVELOPMENT

Dedrick, B. A., & Summers, H. (2026, August). *Grading boot camp*. Professional development workshop presented to the Department of Counseling Ministries, Regent University.

HONORS & AWARDS

- Outstanding Student Award, Regent University, 2026.
- Circle of Achievement Award nominee, T-Mobile, 2017.

LICENSURE & CERTIFICATIONS

- Licensed Professional Counselor (LPC), Arkansas, P241101, 2020–Present.
- Licensed Marriage and Family Therapist (LMFT), Arkansas, M241101, 2020–Present.
- National Certified Counselor (NCC), National Board for Certified Counselors, 2025–Present.
- EMDR-Trained, 2022; Arkansas Board-approved specialties in EMDR and telehealth.

CLINICAL EXPERIENCE

Licensed Professional Counselor & Licensed Marriage and Family Therapist	2020–Present
<i>Compass Counseling Little Rock, Arkansas</i>	
Provide individual, couples, and family therapy for anxiety, depression, ADHD, trauma, and life-transition concerns within a Christian counseling setting. Conduct assessment, diagnosis, treatment planning, documentation, and clinical care; also support billing, credentialing, and practice operations.	
Graduate Counseling Intern	2019–2020
<i>Natural State Recovery Center Little Rock, Arkansas</i>	
Provided individual, couples, and group counseling to clients with substance use and alcohol use disorders; conducted intake assessment and diagnostic evaluation.	
Graduate Counseling Intern	2018–2019
<i>John Brown University Community Counseling Clinic</i>	
Provided counseling to individuals, couples, and families presenting with anxiety, depression, trauma, and life-transition concerns; conducted intake assessment and diagnostic evaluation.	

BUSINESS & ORGANIZATIONAL LEADERSHIP

Finance Manager	2016–2024
<i>T-Mobile</i>	
Led FP&A planning, forecasting, and control of operating and capital budgets; partnered across business units and presented analysis to senior leadership, including the CFO and CEO.	
• Managed a \$1B revenue stream and approximately \$0.5B in operating expenses. • Maintained marketing and back-office expense accuracy within +/- 2%. • Led long-range planning and Objectives and Key Results support through WorkBoard.	
Senior Financial Analyst	2015–2016
<i>Windstream</i>	
Audited network, provisioning, and billing systems; resolved issues affecting wholesale revenue and expense through complex data analysis and cross-functional collaboration.	

Financial Analyst <i>Arkansas Heart Hospital</i>	2014–2015
Managed cash operations, reconciliations, banking relationships, budget meetings, and executive cash reporting.	
Program Director of Finance <i>T-Staff (Windstream)</i>	2012–2013
Directed capital budgeting exceeding \$70 million; established tracking and reporting processes; recovered \$1.2 million in one-time fees related to cost outliers.	
Territory Sales Representative <i>Forest Pharmaceuticals</i>	2011–2012
Promoted approved products to health-care providers in cardiovascular, depression, and fibromyalgia markets; participated in the national launch of Viibryd.	

PROFESSIONAL AFFILIATIONS & SERVICE

- American Association for Marriage and Family Therapy (AAMFT), Member, 2018–Present; State Representative, AAMFT TEAM Family, 2026–Present.
- American Counseling Association (ACA), Member, 2020–Present.
- National Board for Certified Counselors (NBCC), National Certified Counselor, 2025–Present.