Mary in *Sir Gawain and the Green Knight*: Courtly Mistress or Spiritual Defender?

In reading *Sir Gawain and the Green Knight* (*SGGK*), many scholars explain Mary’s presence in the text as an attempt at redeeming Norman courtly practices. However, considering the Northwest-Midlands origins of the text and its adherence to a time-honored tradition of Marian doctrine, this theory is insufficient to account for the way in which she is depicted. By embracing Mary’s role as patron saint and heavenly queen, the *Gawain*-Poet elevates her beyond the role of courtly mistress to that of a spiritual defender.

The virgin Mary was a familiar figure to medieval audiences. In his book *The Medieval Church: A History*, Joseph Lynch states that popular teachings of the period identified her as the exemplar apostle: unique for her role in the incarnation and status as Queen of Heaven (271). These doctrines were already well-established by the 1400s, as may be seen in *Pearl*, a prominent sermon of the period written in the form of a dream-poem. This work not only depicts the aspects of Mary’s identity mentioned above, but also her “abstract spotlessness typified by faithful maidenhood” (79). While Mary’s physical purity is an important symbol, it only serves to further convey the deeper purity embodied in her immaculate life. This archetypal cleanness, combined with her status as the Mother of God, made Mary one of the most well-known saints of the period (Lynch 271). Incorporating Mary’s status via time, iconography, and invocation, the *Gawain*-Poet
establishes her role not as a Christianized courtly mistress, but as a spiritual defender and heavenly patron.

Mary first enters the scene in *SGGK* through time. In the medieval period, it was commonplace to celebrate all twelve days of Christmastide, with a biblically or spiritually significant event ascribed to each one. In his book on Christian historical church customs, *Francis Weiser* speaks of some of which were dedicated to the celebration of particular saints for their “special connection with the Lord” (122). The eighth day of Christmastide, January 1, would have been recognized during the medieval era as the “Feast of Saint Mary,” celebrating her dual virginity and maternity (137). This day also features prominently in *SGGK* as a frame for the story and the day on which two of the most important events take place.

The main action of *SGGK* is indicated as beginning on a Christmastide day, “Wyle Nw Yer was so yep that hit was new cummen,” or, a day on which the New Year had just come (sec. 1.24). This date is further clarified when the Green Knight comes into the court and challenges Gawain to exchange blows, given that they will meet again in a year – on “Nw Yeres morn” (sec. 1.60). Later in the text, when the year is complete and Gawain is searching for the Green Knight, Lord Bertilak offers to have a servant guide him to his opponent on “New Yeres Day” to fulfill the conditions of the challenge (sec. 2.1076). Having the two central moments of the tale – the challenge and the Green Chapel encounter – framed by Mary’s own day establishes the events that will take place as under her domain, and as such she holds more influence over the outcome than was typical even for a patron saint.

The significance of Mary as an icon inside Gawain’s shield should not be underestimated. First, it indicates of her status as the knight’s patron saint, as bearing the icons of such was
common during the period. If Gawain’s courage should waver during battle, the icon also serves as an inspiration to courage, shown in the following lines: “At this cause the knight comlyche hade / In the inore half of his schelde hir ymage depaynted, / That quen he blusched therto his nelde never payred” (*SGGK*, secs. 2.648-650). The knight also finds courage in Mary’s “five joys / That the hende queen had of hire chylde,” and he bears positive qualities on the outside of his shield (sec. 2.646). Between the two characters, both possess sets of five ascribed to their characters and are exemplars of purity in some form, which reinforces the appropriateness of the *Gawain*-Poet’s choice in patron saint for his main character.

The shield also serves to establish Mary’s role as a spiritual protector. Richard Greene’s essay, “Gawain’s Shield and the Quest for Protection,” describes the artwork as an “iconographical instance of extraordinary significance in the late Middle Ages” (126). Medieval knights viewed armor as having both physical and spiritual purposes (126). This was chiefly derived from scholarship of Paul’s Epistle to the Ephesians, in which he uses the allegory or armor to describe various Christian spiritual qualities (126). However, this allegory was taken as having some literal meaning, giving armor an added level of importance for both physical and spiritual protection (126). The book of Ephesians establishes the shield in particular as being a symbol of faith, “with which you can extinguish all the flaming darts [temptations, trials, etc.] of the evil one” (*English Standard Version*, Eph. 6.16). By associating the image of Mary with an object perceived as having literal qualities of faith surrounding it, the *Gawain*-Poet makes the shield into an indicator of Gawain’s level of faith in Mary’s protection against any difficulties or temptations he may encounter. This makes the knight’s acceptance of Lady Bertilak’s girdle a more serious error, as it not only illustrates a slip in morality, but also an abandoning of faith in
the one who is supposed to act as his rightful defender. Rather than looking to Mary and the shield for protection, Gawain’s ride to the Green Chapel is filled with thoughts of his deception via Lady Bertilak’s gift, and the Green Knight points out this loss of faith with the words “in god faith… / Bot here yow lakked a lyttel, sir, and lewte [loyalty] yow wonted” (SGGK, secs. 4.2065-2066). Gawain’s actions in turning to trickery for protection will not only stain his morality, but also fracture his relationship with Mary, a complex dynamic further revealed in the text’s use of saintly invocations.

According to typical traditions surrounding patron saints, there is some level of interaction between patron and recipient via invocation. This occurs primarily through the avenues of prayer, exclamation, and narration. Mary’s image on Gawain’s shield also acts as a mobile form of interaction that aids in unifying the three physical locations of her primary invocations: the wilderness, the bedroom, and en route to the Green chapel.

Gawain’s search for the Green knight is hardly a summer progress, beginning shortly after All Saint’s Day, which takes place on the first of November (SGGK, sec. 2.536). After wandering through the wilderness for several weeks, he is still unable to find the Green Chapel and on Christmas Eve offers a prayer: “To Mary made his mone, / That ho hym red to ryde, / And wysse hym to sum wone” (2.737-739). Despite the lack of immediate answer, the petition for guidance is still heard and granted, as seen the next morning when Gawain prays again to “Mary, that is mildest moder so dere,” asking for somewhere to hear the “masse / Ande thy matynes” and offering in return the “pater and ave / and crede” (secs. 2.754-58). It should be noted that the Ave, also known as the “Hail Mary,” is a common prayer used when making a petition for the saint’s intercession before God or aid in trying circumstances. The request to hear mass is also significant, since, as someone under the patronage of Mary, the Christmas day
midnight mass of St. Mary Major would have held extra significance (Douglass 22). No sooner has Gawain finished his prayer than a castle appears “pyched on a prayere” (SGGK, sec. 2.768). By this use of wordplay, the Gawain-Poet clearly establishes the connection between the knight’s request and his patron’s answer, which comes on a day known for Mary’s ultimate act of grace: the birth of Christ. However, this is not the last time that Mary’s assistance will be requested in an hour of need.

Scholars predominantly view the bedroom scenes in SGGK either in contrast with the hunt or as a conflict of courtly and moral codes. However, Ronald Tamplin takes a different view in his article, “The Saints in Sir Gawain and the Green Knight,” arguing that this point of the story should also be noted as a time of invoking Mary, as these scenes are where her presence is strongest in the narrative. Gawain, faced with the dilemma of either giving in to Lady Bertilak and breaking a moral code or outright refusing her and breaking a chivalric code, Mary is invoked as a form of protection against temptation (SGGK, secs. 3.1126-1304). This action is doubly appropriate, first as a patron saint and second as a spiritual figure considered exemplary for purity and chastity (Tamplin 410). This usage of a Marian invocation as a protection against some form of unchasteness was not uncommon, finding employment in other medieval tales of the period (410). However, Mary’s protection only extends so far as Gawain’s faith remains strong, and as his devotion begins to falter, he becomes vulnerable.

In the first bedroom scene, Gawain awakes to the presence of Lady Bertilak, who attempts to draw him into a sexual encounter (SGGK, secs. 3.1126-1304). However, the knight dodges her requests one by one, finally offering an only half-jocular “Mary yow yelde,” or “Mary you repay” while deflecting her with thanks for the attentions she is offering (sec. 3.1263). According to Tamplin, this remark acts as an admonition, pointing out that there is a...
“higher and contrasting standard of conduct” for the lady’s behavior (410). However, Lady Bertilak is determined to have her way, and refutes the words with an ironic “Bi Mary” of her own, used as a casual form of dismissal (“SGGK, sec. 3.1278; Tamplin 410). This interchange establishes tension between the patron saint and Lady Bertilak, with one attempting to protect Gawain from the vice the other would draw him into (Douglass 24).

However, the knight’s fall has already begun. After leaving the bedroom, he casually declares to Lady Bertilak “yowre knight I becom,” without considering the implications of the phrase (“SGGK, sec. 3.1279). For although there was an element of generosity in saint-patronage, as saints were under no obligation to assist petitioners, there was also an element of bargaining. While saints fulfilled requests and assisted those in need, they also required in return an expression of loyalty (Lynch 269-70). By thoughtlessly removing his fealty from Mary in what Stephen Russel calls a “dark conversion,” Gawain effectively removes himself from under her protection (221). Though not technically a sin of unchasteness, the knight has still committed an impure action that begins a downward turn for his character (221). Even observation of the mass is unable to redeem him, since it has now become merely form (Douglass 24). This catastrophe continues until Gawain realizes his wrongdoing at the Green Chapel – signified by the fact that he does not mention Mary again.

In the third bedroom scene, the fracturing of Gawain’s loyalty to Mary continues. As he does not invoke her, the task is left to the narrator, who states “Gret perile bitwene hem [Gawain and Lady Bertilak] stod, / Nif Mare of hir knight con mynne” (“SGGK, secs. 3.1768-9). The knight is unaware of his peril, however, and when the lady offers him her green girdle for protection, he accepts, completely dismissing the fact that he already possessed protection through Mary’s image on his shield and active intervention (secs. 3.1827-61). By relying on
trickery and magic rather than the Queen of Heaven, the severing of his bond with the saint is completed, and Gawain now must experience the consequences.

Later the same day, Lord Bertilak returns from his hunt to participate in the gift-exchange game with Gawain (SGGK, secs. 3.1934-5). The knight, breaking the agreed-upon rules, withholds the girdle from his host in an act of deception, claiming he only received three kisses (sec. 3.1937). At this, Lord Bertilak claims that his guest has gotten the better end of the deal, using the exclamation “Mary” (sec. 3.1942). Although the invocation of a saint as an oath was typical medieval behavior, in this context it also acts as a condemnation of Gawain’s actions and reminder of where his loyalties should be (Tamplin 410). However, the knight neglects this merciful opportunity to make the situation right and restore his relationship with both host and patron saint, choosing to continue in deception.

Another opportunity for repentance occurs the next day when Gawain rides to the Green Chapel. This time the opportunity to turn is even more overt, as it is on Mary’s own day - a day that celebrates her act of grace in helping to bring about mankind’s redemption - that it is offered. However, Gawain’s thoughts are on his patron saint and her past actions of protection: his thoughts surround the girdle and its potential to save his life (SGGK, secs. 4.2030-1). Even as he is being taken to the Green Chapel and his guide makes the exclamation “Mary!” his attention fails to return to its proper place (sec. 4.2140). There will be no Marian prayers or invocations of protection from Gawain, demonstrating a double-state of faithlessness as his trust in God and Mary falters and he renounces the aid of a patron saint for that of earthly magics. He does not realize the betrayal until it is too late, the contest is over, and the Green Knight himself comments on his lack of heavenly loyalty (sec. 4.2363). Experiencing penance, Gawain keeps the girdle as a reminder of his betrayal towards heaven, and before the Arthurian court proclaims
his scar to be a sign of “unleute,” or “disloyalty” (sec. 4.2499). But despite the court’s attempts
to dismiss the seriousness of his experience by adopting green girdles as their symbol, his
encounter with sin is not something the knight will ever be able to forget (secs. 4.2513-9).

A powerful presence in SGGK, the question still remains of how exactly Mary is meant to
function within the tale. The theory of her role as a Christianized substitute for a courtly lady
holds merit as a potential source of contrast between her and other female characters. However,
it does not completely account for her presentation by the Gawain-Poet.

In 1066, the Norman conquest transformed England under the management of a new
French ruling class (Gillingham 7). Along with ideals of chivalry and a desire to transform the
Arthurian tradition came the practice of courtly love, a concept foreign to the Anglo-Saxon
people. According to Maurice Keen, the expression of chivalry, with all its customs was
viewed almost religiously at times; “Adoration and inspiration” were the central focus, with the
knight inspired to great feats by the adoration of his pure lady (14, 166). Whether that love took a
sexual form, was merely platonic, or even went unreciprocated was left up to interpretation
(Moore 624). However, no matter the author, the lady was always pure and elevated while the
knight honored her through “prowess, valor, and devotion” (622).

In light of the relationship between Mary and Gawain, as well as the inspiration he takes
from her via his shield and religious devotion, it is easy to see how the saint became cast in the
role of courtly mistress. In her article on “Feminine Knots and the Other” in SGGK, Geraldine
Heng points out that most scholars “argue or assume” that the saint serves this function based on
the aforementioned reasoning, referring to Gawain as Mary’s “knight” or “man,” and citing his
loyalty to her in chivalric terms (510). Heng even goes so far as to state the relationship is
“eroticized (but necessarily sublimated)” in order to achieve a “strategic discursive shape and
significance in this text” (510). However, the idea of Mary’s role being limited to a distant inspiration and recipient of honor through another’s valorous acts does not encompass all the parts she plays in SGGK. And when considering the Northwest-Midlands origins of the tale, and its sharp critique of courtly culture in general, one must question why the Gawain-Poet would choose to embrace this facet of what would have been perceived as a Norman shortcoming and attempt to redeem it.

In early medieval doctrine, Mary possessed a unique role in her status of exemplary apostle and Queen of Heaven. In fact, Marian theology of the period established her as the paradigm for co-defender of the church with Christ, referring to her as “exercising a protective leadership” (Hollis 137). These qualities of active leadership and protection embodied in the Gawain-Poet’s Mary exist in direct contrast to the role of a courtly mistress, which was either passive or indirect. However, the most powerful difference from the courtly dynamic comes in the form of Gawain’s systematic failure to honor Mary in any of the ways a Norman society demanded chivalrous knight pay tribute to his lady: he fails to defeat the Green Knight in any of their encounters, shows cowardice at the thought of death, and completely breaks the loyalty he owes the saint. Rather than the knight being placed in the position of heroic defender, Mary acts as a constant intercessor on Gawain’s behalf, both in Heaven and Earth, while providing in his time of need and offering (despite rejection) her protection. This casts her as Gawain’s spiritual defender: combatting evil, protecting those under her care, and expressing loyalty in ways that would have been considered heroic for a ruler in the alliterative tradition.

As both patron saint and heavenly queen, Mary possesses a heroic duality in SGGK that elevates her from the role of a mere courtly mistress and shapes her into a valiant spiritual defender. While not a main figure in the story, her presence acts as a deep influence on the
outcome of the tale and thus must be taken into account by scholars in order to possess a full understanding of the text. Depicted with reverence, and almost an air of nostalgia, Mary represents yet another attempt by the Gawain-Poet to recapture an older tradition that had begun to fade in the face of Norman culture.


Tamplin, Ronald. “The Saints in Sir Gawain and the Green Knight.” *Speculum*, vol. 44, no. 3,

Entries in the works-cited should be arranged alphabetically by the author’s last name (*MLA Handbook*, sec. 5.124)