

Optimism

Don't we have every reason to be optimistic? We have had our sins forgiven. Every day we have the righteousness of Christ shown to us. Anyone who repents and trusts in Christ is granted eternal life, so when Christ returns, we won't have to face a second death. This gives believers every reason to have optimism and hope for our future.

I can vs. I can't

Optimism is the tendency to expect the best possible outcome or to focus on the most hopeful aspects of a situation. Optimists usually feel that good things will happen to them in the future or what they hope for and dream about will happen.

Biblical optimism is the result of faith in the character of God. The Bible refers to this as hope. [Romans 15:13](#) reads "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Check out [this video](#) about Biblical Hope & Optimism:

Faith is the foundation and rock on which we stand. Hope is the confidence and expectation that God's promises will be fulfilled. Optimism combines the two so our faith turns into conviction and enthusiasm, and our hope turns into certainty!

Optimism can help people find pure enjoyment in life and have a positive outlook on life. Optimistic people are pleasant to be around, because they refuse to worry about things they cannot control. They believe that things will work out well, even when they cannot see for sure.

When we hope in God, we put our trust in His plan above what our circumstances tell us. [Romans 8:23-25](#) gives us reason to believe: "But hope that is seen is no hope at all. Who hopes for what they already have? But if we hope for what we do not yet have, we wait for it patiently." Paul is speaking of our future reward and the things that "God has prepared for those who love him" ([1 Corinthians 2:9](#)).

Regardless of what may happen in this life, we know that God sees, cares, and will wipe every tear from our eyes when we are forever with Him ([Revelation 21:4](#)). That confidence can give us an optimistic outlook, even in difficult times.

God designed us to live with hope. As [Psalm 43:5](#) reads, "Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God."

Optimism is a Choice

When we choose to trust God for everything, we can rest in His promises to take care of us in the way He sees fit.

