



# Orientation Packet

## **WELCOME, NEW STUDENTS!**

The education at Regent is holistic, focused on transforming the entire person. It emphasizes the school's overall mission to encourage students to pursue a life of godly character, cultural engagement, and humble service. Regent's orientation packet will connect you to the people, information, and resources you need to excel. As you prepare for life on campus, take a look at [Regent's map](#) or join us for a virtual [360° tour](#).

For questions or more information, please email [orientation@regent.edu](mailto:orientation@regent.edu).

# Before You Get Here

## WHAT TO BRING TO SOAR

**For SOAR, we will provide the following for the Commons:**

Shower curtain

Trash bag

Toilet paper

**You should plan to bring the following:**

Bedding: XL twin sheets, blankets and a pillow

Toiletries: Shampoo, soap, towels, washcloths, and toothbrush

Attire: Casual and comfortable clothing and shoes

## NEW STUDENT CHECKLIST

**Don't forget to:**

- Set up your login to access the MyRegent system. Students should contact the Help Desk at 757.352.4076 for assistance.
- Update your address in Genisys.
- Request your ID Card via MyRegent Portal.
- Complete all financial requirements. University Financial Aid, DIV 180; 757.352.4125
- Pay your bill or made formal payment arrangements. Business Office, ADM 134; 757.352.4059
- Request your Parking decal or waiver? Fill out your application at [regent.edu/parking](https://regent.edu/parking).
- Register for fall classes with your Academic Advisor. Academic Advising, [TUGadvising@regent.edu](mailto:TUGadvising@regent.edu), 757.352.4385
- Review Housing Options at [regent.edu/housing](https://regent.edu/housing)

For updates on first-year orientations, follow us on Instagram ([regent.orientations](https://www.instagram.com/regent.orientations)).

# During SOAR

## WELCOME TO STUDENT LIFE AT REGENT

Your college experience is meant to be life-changing, to open doors and shape you as a Christian leader to change the world! Student Life at Regent helps you develop a community where you are known, engaged, and transformed by creating opportunities for you to contribute to and influence those around you.

Join us on the first night of SOAR at 6 p.m. to get a head start on building your community!

### SOAR

Regent's Summer Orientation Advising & Registration (SOAR) is designed for you to connect with the students you'll be learning with, view your housing arrangements, and prepare for fall.

### OFFICE OF STUDENT ACTIVITIES & LEADERSHIP

The Office of Student Activities & Leadership's main goal and purpose is to create student enhancement and campus engagement, whether you're an on-campus, online or commuter student.

We do this through programs, 60+ student organizations, leadership opportunities, and experiences that allow Regent students to apply what they learn in the classroom. Getting involved is a great way for students to meet new people, enhance their leadership skills, and be active in student life.

The department's mission is to assist Regent students in maturing as Christians and in enhancing the growth of student character, spirituality, personal well-being, and leadership skills while also helping them to become Christian leaders to change the world.

### SOME OF THE STUDENT ORGANIZATIONS AT REGENT INCLUDE:

Cinema Scope: A Film Club

Psychology Club

College Student Leadership Board (CSLB)

RESCUE Initiative

Fellowship of Student Athletes (FCA)

RU Serving

Intramural Sports Board (ISB)

Student Activities Board (SAB)

More information and a complete list of student organizations offered at Regent University can be found at <https://www.regent.edu/student-life/student-activities-leadership/#>.

## **SOCIAL MEDIA**

If you love it, share it. Join our social media communities on Facebook (Regent University Student Life and university-wide), Twitter, YouTube, and Instagram.



## **REGENT MAP**

Take a look at [Regent's map](#).

## **ROYALS ATHLETICS**

The Regent Royals are a core part of student life at Regent! The Regent Athletics Fan Zone provides a fun and engaging way for families, fans and alumni to keep up with all things Royals. Visit our social media pages for team updates and a behind-the-scenes look at our student-athletes throughout the year. Follow us on Instagram (@regentroyals) and Facebook (Regent Athletics). Go Royals!

## **START YOUR JOURNEY HERE**

What will be your story of the summer after high school? Will it be the adventure of a lifetime? To help you write your story, we put together *The Journey Here*—available for pick up at the Campus Services Fair. This guided journal intentionally interacts with changes in identity and community while helping you engage with your big dream, goals and lifelong learning.

# What's Next

## FINANCIAL AID

Connect with Regent's financial aid team to accept your financial aid package. Visit <https://www.regent.edu/tuition-aid/financial-aid/>.

## BOOKSTORE

MBS Direct offers competitive pricing, upfront guaranteed buyback offers rental options, financial aid credit, 24/7 customer support, and free ground shipping at the start of each term. **To access the bookstore, log in to the MyRegent portal.** You can also search for textbook information for all classes as you make registration decisions.

To order your books, log in to the MyRegent portal, then select the student tab; under the Popular Links, you will find the link to "Bookstore Online (MBS)." For guests and prospective students who do not have access to the MyRegent portal, you can access the MBS Direct Online Bookstore at <http://bookstore.mbsdirect.net/regent.htm>. Be sure to order your course books early and plan accordingly, as they can take 1-2 weeks to ship.

If you have an anticipated financial aid refund, you will receive an email from Regent letting you know how much of your anticipated refund you can use as a credit/voucher in the online store. You will also receive an email from MBS Direct Online Bookstore containing a voucher code that you must have to access the funds for your online purchase. Please note that financial aid credits will not be available any earlier than 28 days in advance of a semester or session. The schedule of earliest dates of availability is available on the financial aid website. Actual availability dates depend on the particular session and the timing of a student's financial aid application to be finalized.

To learn how military aid can be applied to bookstore purchases, please visit <https://www.regent.edu/military/admissions-aid/va-education-benefits//>.

## IT QUICKSTART

To complete your initial IT requirements, access the Information Technology QuickStart Guide here: <https://www.regent.edu/app/uploads/2018/05/Regent-University-Information-Technology-Quick-Start-Guide.pdf>. This guide will walk you through how to log into your MyRegent student portal and how to set up your RegentAlert emergency notification system.

You can also review the information security details—to ensure all passwords and documents are kept safe. The information security details can be found here: <https://www.regent.edu/information-technology/information-security/>.

## **FORMS TO COMPLETE**

Campus Parking Application

ID Request (MyRegent Portal)

Roommate Request Form

Student Information Release

## **CAMPUSSHIELD BY 911CELLULAR**

Safety is a priority at Regent University on campus in Virginia Beach and online. Our CampusShield app by 911Cellular is an emergency communication tool that lets you signal for emergency assistance, alert campus police about suspicious activity, and alert friends and family when you need extra safety. Download it on the App Store or Google Play.

## **COUNSELING SERVICES**

Regent Counseling Services, a part of the Department of Student Services, provides free professional counseling to any Regent students who are enrolled in at least one class and can come to the Virginia Beach campus. Services include individual counseling, group counseling, pre-marital/marriage counseling, assessments, and psychoeducational workshops. All counseling is provided or supervised by licensed professionals, is completely confidential, and adheres to all laws and ethics that govern the counseling profession.

For information on eligibility, appointment scheduling, and staff, please visit <https://www.regent.edu/resources/student-resources/#counseling-services>.

## **SAFETY & SECURITY REPORT**

Safety is a priority at Regent. Learn about the CBN/Regent University Police Department (RUPD) and review the annual safety report by visiting: <https://www.regent.edu/about-regent/regent-university-police-department/>.

# WHAT SHOULD I BRING?

## YOU MUST BRING THE FOLLOWING:

Linens (sheets, comforter, pillowcase)

Pillows

Towels/washcloths

Toilet paper

First aid kit

Sanitizing and cleaning supplies

Shower curtain

Dishes, eating utensils, etc.

## DO NOT BRING:

Firearms, ammunition, fireworks, explosives, or weapons of any kind

Alcoholic beverages (including empties) and paraphernalia

Wireless routers

Candles, wax warmers and incense

Pets (except fish in freshwater tanks no larger than 5 gallons)

Extension cords, multi-plug adapters, outlet splitters, or plug-in air fresheners with additional outlets

Fog machines

Steel-tipped darts and dartboards

Space heaters

Wallpaper (including borders)

Homemade lofts, stilts or cinderblocks

Traffic signs

Pressurized containers (CO2, propane, etc.)

Fuels (kerosene, gasoline, propane)

## SUGGESTED ITEMS TO BRING INCLUDE:

Computer/laptop, TV, small kitchen appliances (microwave for the Village only), vacuum cleaner, laundry basket/detergent, clothes hangers, trashcan/bags, power strips

A complete list of suggested, required and prohibited items can be found by visiting <https://www.regent.edu/student-life/student-housing/#on-campus-housing>.

## MOVE-IN DAY AND WELCOME WEEK

If you're a first-time freshman or transfer student 23 years old or younger, Welcome Week is for you. Beginning with Move-in Day activities, you'll meet friends, navigate your classes, and settle into college life.