

OFFICE OF STUDENT ACTIVITIES & LEADERSHIP

Intramural Sports Policy

Effective November 14, 2022

- 1. Player Eligibility
 - a. ONLY Currently enrolled Regent Students are eligible to play.
 - b. If you are a varsity athlete, you can not participate in the sport that you play collegiately.
 - c. The offending team will forfeit any games in which ineligible players are used. If both teams use ineligible players, the game will be a double forfeit.
 - d. All final decisions regarding eligibility will be at the discretion of the ISB leadership and Regent University staff.
 - e. No player is allowed to play until he/she has turned in a completed liability release form.
- 2. Roster substitutions or additions will not be permitted after the sign-ups close. However, if a player drops from a team (for the remainder of the season) for any reason, the team captain may choose to replace that player with another eligible student. This change must be approved and checked by the ISB leadership and Regent University Staff before the new players will be allowed to participate in any games. You may not add additional players to your team after the sign-ups close unless you are replacing a former player.
- 3. Games will start as close to on time as possible. Teams are responsible for ensuring they have enough players to begin the game at the scheduled time.
 - a. If one team does not have sufficient players to begin a game, the opposing team *may* give that team a 5-minute grace period to allow more players to arrive at the game.
 - i. If this grace period is given, the game clock will start to run at the scheduled time. The game will then begin when both teams have a sufficient number of players.

- ii. If the opposing team chooses not to grant the team with an insufficient number of players the 5-minute grace period, the game will result in a forfeit.
- b. If neither team has enough players to begin the game, the game will result in a double forfeit, with neither team gaining a win.

4. Officials

- a. For sports with officials, Officials assume authority 15 minutes before the scheduled game time and until they leave the field.
- b. The officials have the authority to rule on any situation not specifically covered in the rules. His/her decision is final unless ruled otherwise by multiple ISB leadership or Regent University staff members.
- c. All complaints about officials must be in writing and submitted to the ISB leadership via sports@regent.edu.

d. Call Appeals

- i. Officials' calls may be appealed in a respectful, sportsmanlike manner by the team captain.
- ii. Players are not permitted to argue with the officials or appeal any decisions made by the officials. Players are required, instead, to bring their concerns to their team captain, who will then approach the official to discuss the call. Players who disregard the appeals procedure will risk penalties for unsportsmanlike conduct and/or cost their team penalties as determined by the officials and the ISB leadership.
- iii. Any discrepancies between the officials and the team captains may be brought to the ISB leadership for a final ruling. Final rulings may not be appealed any further.
- iv. Concerns about the written rules may be brought to the ISB leadership by the team captain and then addressed with the Regent University staff if necessary.
- 5. Decisions to cancel games or practices due to weather conditions or any other circumstances are made by the ISB leadership and/or Regent University staff. ISB leadership will inform team captains of all cancellations and/or postponements. The team captains shall notify their players of cancellations and/or postponements. Outdoor games and practices will end immediately if there is any lightning or thunder and may not be resumed until half an hour after the most recent lightning and/or thunder.

6. Season Schedules

- a. Once the game dates are finalized, there will not be any rescheduling except for emergencies and weather conditions.
- b. All players will be made aware of the game dates before signing up.

7. Attire

a. If the sport requires team jerseys, the jerseys provided for players by ISB must be worn for all games. If a player does not have a shirt for any reason, he/she may

- still be allowed to play by the ISB leadership after review if they deem it acceptable. In this case, a shirt the same color as the team's jerseys should be worn.
- b. Sandals, bare feet, and metal cleats are prohibited (except for bare feet in sand volleyball). For sports played on grass fields, non-metal cleats may be worn.
- c. No jewelry or accessories, including wedding rings, are to be worn in games, except for medical alert bracelets. Players who wear a knee brace with exposed metal or metal hinges are required to cover it.
- d. If a player is bleeding or any of his/her clothing is stained with blood, they must be removed from the contest until the ISB leadership clears them to play.

8. Equipment

- a. ISB will provide all balls, frisbees, cones, etc., for every game. If both teams can agree on a different ball to use (not provided by ISB) and it meets regulation standards, then it may be used.
- b. Official balls shall meet high school regulations for size, shape, and weight.

9. Conduct

- a. If any participant is thrown out of two games, he/she will be suspended for the remainder of the season.
- b. The following behaviors are prohibited:
 - i. Excessive and aggressive arguing with an official.
 - ii. Abusive insulting
 - iii. Inappropriate language/audible swearing
 - iv. Anything else deemed so by the ISB leadership and Regent University staff
- c. Physical contact with an official will result in an automatic ejection from the league.
- d. The ISB leadership and Regent University staff reserve the right to require team names to be changed if deemed inappropriate or questionable for any reason.
- 10. All final decisions on any rule, policy, or procedure are under the discretion of the ISB leadership and Regent University staff. Their decisions are final.