REGENT UNIVERSITY
SCHOOL OF PSYCHOLOGY AND COUNSELING

Master of Arts (M.A.) in Clinical Mental Health Counseling

Fall 2026 Approved
Full-time Academic Degree Plan

REQUIRED COURSES FOR THE FALL COHORT

◊ ***Courses are provided in a cohort sequence***

YEAR ONE		
Fall Semester		
UNIV LIB	Information Research and Resources[1]	0
COUN 500	Orientation to the Counseling Profession	3
COUN 521	Counseling Skills & Techniques	3
COUN 526	Theories of Counseling	3
COUN 596A	Residency Year One (only required for online students taking COUN 521)[2]	0
COUN 596D	New Student Orientation (only required for campus students taking COUN 521)[3]	0
Spring Semester		
COUN 540	Human Growth & Development	3
COUN 561	Ethics, Professional Orientation & Legal Issues in Counseling	3
COUN 570	Multicultural Counseling	3
Summer Semester		
COUN 538	Psychopathology & Diagnosis	3
COUN 545	Concepts of Family Systems	3
YEAR TWO		
Fall Semester		
COUN ###	Elective _____	3
COUN 554	Group Counseling	3
COUN 578	Counseling & Christian Thought	3
COUN 596B	Residency Year Two (only required for online students)[4]	0
Spring Semester		
COUN 532	Assessment Techniques in Counseling	3
COUN 536	Career & Lifestyle Development	3
COUN 564	Treatment Planning	3
Summer Semester		
COUN 523	Practicum & Advanced Skills	3
COUN 562	Crisis, Trauma & Clinical Mental Health	3
YEAR THREE		
Fall Semester		
COUN 517	Research & Statistics	3
COUN 595A	Internship in Clinical Mental Health Counseling	3
Spring Semester		
COUN 535	Addiction Therapies for Individuals and Families	3
COUN 595B	Internship in Clinical Mental Health Counseling	3
f	**TOTAL HOURS**	**60**

Graduation Requirements: Complete a total of 60 credit hours. Maintain a cumulative GPA of 3.0. Pass the Exit Exam (CPCE).

Note: [1]Must be completed during the first semester of enrollment. [2]Online students must take COUN 596A and COUN 521 concurrently. [3]Campus students must take COUN 596D and COUN 521 concurrently. [4]Online students must take COUN 596B at the beginning of Year Two. Effective Fall 2024, students no longer need to take COUN 554 and COUN 596B concurrently.

The Counselor Preparation Comprehensive Examination (CPCE), the qualifying Exit Exam for the MA degree, can be taken any time after a student has completed all coursework covering the eight CACREP common core areas.