# Master of Arts in Human Services Counseling: Life Coaching

Online | Regent University | School of Psych & Counseling

Active students should refer to their personalized Degree Works plan, and the Academic Catalog of their acceptance term for the most accurate degree requirements.

## University Requirement

| | Code | Title | Hrs |
|---|---|---|---|
| ***Choose ONE of the following*** | | | |
| ☐ | CHBS 500 | Graduate Foundations for Healthcare and Behavioral Sciences | 2 |
| ☐ | UNIV LIB | Information Research and Resources | 0 |

*Must be completed prior to or during first term. Per the Graduate Catalog, CHBS 500 (2 credits) satisfies this requirement for master's students in the College of Health & Behavioral Sciences; students who complete UNIV LIB (noncredit) in lieu of CHBS 500 also satisfy the requirement. Only one of the two is required, not both.*

## Major Requirements

| | Code | Title | Hrs |
|---|---|---|---|
| ☐ | HSC 500 | Foundations of Human Services | 3 |
| ☐ | HSC 501 | Behavioral Science Foundations | 3 |
| ☐ | HSC 505 | Professional Ethics in the Human Service Fields | 3 |
| ☐ | HSC 524 | Helping Skills & Techniques | 3 |
| ☐ | HSC 570 | Multicultural Awareness & Individual Diversity | 3 |
| ☐ | HSC 596 | Field Experience * | 3 |
| | | **Total Hours** | **18** |

*Minimum grade of B- (2.67) required in all courses.*

*** Prerequisite — HSC 596 Field Experience**

Per the Regent University School of Psychology & Counseling Field Experience Handbook, students must successfully complete **HSC 500, HSC 505, and HSC 524** (totaling 9 credits) before applying for HSC 596. Field Experience is a full-semester (15-week) course and is typically taken toward the end of the program, after all other core and concentration prerequisites are satisfied. Students should apply at least one semester in advance (Fall applications due July 1; Spring applications due December 1; Summer applications due April 1).

## Concentration: Life Coaching

| | Code | Title | Hrs |
|---|---|---|---|
| ☐ | HSC 525 | Advanced Counseling Skills & Techniques | 3 |
| ☐ | HSC 526 | Life Coaching | 3 |
| ☐ | HSC 580 | Coaching Practicum | 3 |
| ☐ | HSC 581 | Advanced Coaching Practicum | 3 |
| | | **Total Hours** | **12** |

*Minimum grade of B- (2.67) required in all concentration courses.*

**Prerequisite — HSC 525**

HSC 524 is the prerequisite to HSC 525. It is recommended that HSC 524 be completed at the beginning of the program.

**Prerequisites — HSC 580 & HSC 581**

HSC 526 is a prerequisite for HSC 580, and HSC 580 is a prerequisite for HSC 581. These courses must be taken in sequence: HSC 526 → HSC 580 → HSC 581.

## Graduation Requirements

✓ 30 Total credit hours (does not include University Requirement course), ✓ 3.0 Minimum overall GPA

**Regent University has the right to add to or change this worksheet. This Degree Worksheet is an unofficial document.*